

**1****COMMITEMENT**

The maternity and neonatology staffs are fully committed, at your side, throughout your birth plan to ensure a warm and safe welcome to your baby.

**2****PROMOTE THE LINK**

Our professional practices aim to favor the mother-child relationship. We adapt the procedures while respecting the physiology of childbirth.

**3****TRAINING**

The whole staff has been trained and sensitized to provide you and your child with all the advice and care you need.

**7****BREASTFEEDING**

Breast milk is exclusively adapted to your child's needs for the first 6 months and up to 2 years with food diversification

**8****MOTHER AND BABY**

Your child will stay with you 24/7 to maintain the link and promote the skin to skin. You will participate in care. In the unlikely case of a separation, meetings will always be facilitated.

**9****BABY PACE**

The team will provide information on your child's awakening and sleep rhythms to encourage food demand.



## Charter for the newborn and his family

**4****INFORMATION**

To prepare at best the arrival of your newborn, birth preparation courses are at your disposal. The biological pace of your baby and the benefits of breastfeeding will be explained.

**5****SKIN TO SKIN**

As soon as he/she is born, unless if medically unadvised, your child will be placed on you, skin to skin, to get to know you and discover the breast if you wish to breastfeed him/her.

**6****FOOD**

Whether you decide to breastfeed your child or not, the team will give you all the tips and techniques to feed him/her in the best conditions.

**10****NEITHER BABY-BOTTLE NOR PACIFIER FOR BREASTFEEDED BABIES**

When you breastfeed, we avoid to use bottles and teats to not disturb your child's habits.

**11****SUPPORT AND NETWORK**

Customized support and information meetings will offer you a serene come back home. The team will give you the contact information for support and relay at home.

**12****WORLD HEALTH ORGANISATION'S CODE**

The medical team is at your side and fully committed to you, without any commercial nor advertising pressure.